

Substance Use and Misuse: A Resource List



Item Code FS310027 Dec 08 Edition no 3

0845 300 1818

A range of resources that are available to help Leaders, Commissioners, Trainers and parents to find out more about legal and illegal drugs.

Information given is correct as of the date of issue of this leaflet. Most organisations update publications from time to time and you are advised to contact them for latest details. Since prices change, no cost information has been given although free publications are indicated.

Always read through publications or view videos before using them with young people. This will enable you to see that they are suitable for your target audience and prepare you for any potential questions.

BOOKLETS AND LEAFLETS

STREET DRUGS

Andrew Tyler
Published by Coronet Books
ISBN 0 340 60975 3

This is a first class paperback book. It is written in an easy style and is not judgmental, giving details of most drugs including alcohol and tobacco. Available: Bookshops.

WHERE TO GET HELP

Your first port of call should be your local HEALTH PROMOTION CENTRE. You will find them in the telephone book or ask your local NHS Trust for the number. Centres stock booklets and leaflets and many of them are free. Several also have loan copies of audio-visual items, charts and drug cases.

Then talk to your local drug agency, they too have leaflets many of which they publish themselves. They will often be able to provide a speaker to come and talk to your organisation.

NATIONAL HELPLINES

NATIONAL DRUGS HELPLINE
0800 77 66 00

STOP SMOKING HELPLINE
0800 00 22 00

NATIONAL AIDS HELPLINE
0800 567 123

ORGANISATIONS

ALCOHOL ANONYMOUS

Stonebow House
Stonebow
York YO1 7NJ
Tel: 01904 644026
Helpline: 0845 769 7555
www.alcoholics-anonymous.org.uk

Concerned with problem drinkers

Provide drink related fact sheets.
Have a publication catalogue.

ALCOHOL CONCERN

Waterbridge House
32-36 Loman Street
London SE1 OEE
020 7928 7377
www.alcoholconcern.org.uk
contact@alcoholconcern.org.uk

Drink related information including some excellent fact sheets.
They have a publications catalogue

AVERT

4 Brighton Road
Horsham
West Sussex RH13 5BA
Tel: 01403 210202
www.avert.org.uk

The Scout Information Centre

Gilwell Park Chingford London E4 7QW Tel + 44 (0)20 8433 7100 Fax + 44 (0)20 8433 7103 email info.centre@scout.org.uk www.scoutbase.org.uk

Downloadable information on AIDS, sex and sexuality for young people
Publications list.

CAN

Denmark House
8 Billing Road
Northampton NN1 5AW
Tel: 01604 824777
administration@can.org.uk

Has drugs leaflets and videos.
One very good leaflet is 'If you see a Needle@'.
This is aimed at Beaver aged young people and demonstrates what to do if a syringe or needle is found.

DRUGSCOPE

Prince Consort House
Suite 204 (2nd Floor)
109 – 111 Faringdon Road
London EC1R 3BW
Tel: 020 7520 7550
www.drugscope.org.uk
info@drugscope.org.uk

A major drug and alcohol service. It provides a wide range of publications. (Publications are distributed by HIT)

FRANK

Department of Health
PO Box 77
London SE1 6HX
Tel: 0800 77 66 00
www.talktofrank.com
frank@talktofrank.com

This is the DoH drug information service. It produces a number of books and leaflets on drug related problems. Many of them available from local Health Promotion Services.

HIT

Cavern Court
8 Mathew Street
Liverpool L2 6RE
Tel: 0151 227 4012
www.hit.org.uk
stuff@hit.org.uk

Drug and alcohol related harm reduction.
Produces first class publications, many of them aimed at young people. Also distributes Drugscope publications.

HOPE UK

25f Copperfield Street

London SE1 OEN
Tel: 020 7928 0848
www.hope.uk.org

A Christian organisation devoted to reducing alcohol and drug misuse. Has a range of publications including a good leaders pack. Can often provide a speaker for Groups of young people.

LIFELINE

101-103 Oldham Street
Manchester M4 1LW
Tel: 0161 839 2075
www.lifeline.org.uk

A drug and alcohol agency. Produce publications, many of them aimed at young people.

PORTMAN GROUP

7-10 Chandos Street
Cavendish Square
London W1M 9DE
Tel: 0207907 3700
www.portmangroup.org.uk

A drink industry funded organisation concerned with sensible drinking. Several publications including a drink unit calculator wheel.

RELEASE

388 Old Street
London EC1V 9LT
Helpline: 020 7729 9904
www.release.org.uk
ask@release.org.uk

Concerned mainly with the legal aspects of drug and alcohol misuse.
Publications list

RE-SOLVE

30a High Street
Stone
Staffordshire ST15 8AW
Tel: 0808 800 2345
www.re-solv.org
information@re-solv.org

Information on solvents
Publications list

RUGBY COMMUNITY DRUGS TEAM

The Orchard Centre
Lower Hillmorton Road
Rugby
Warwickshire CV21 3SR

Tel: 01788 555104

They produce a set of cartoon leaflets on different drugs titled "Gordon Goodsense". They give a great deal of information in a format that appeals to young people.

ALCOHOL FOCUS SCOTLAND

2nd Floor

166 Buchanan Street

Glasgow G1 2NH

Tel: 0141 572 6700

www.alcohol-focus-scotland.org.uk

enquiries@alcohol-focus-scotland.org.uk

WELSH DRUG AND ALCOHOL UNIT

4th Floor, St David's House

Wood Street

Cardiff CF10 1ER

Tel: 02920 667766

WEBSITES

Most of the website listed offer a great deal of information about specific substance use and misuse.

They also list their publications and offer the choice of ordering on line or by telephone. (Ordering by telephone enables you to ask for more information about the publication).

One website that offers advice to young people on many subjects including drug and alcohol is:

www.needtoknow.co.uk

Although there are many more and most local drug and alcohol agencies have their own sites.

TALK TO :

A NATIONAL HELPLINE

YOUR LOCAL DRUG AGENCY

A SCHOOL NURSE

CHILDLINE

They all offer advice and their advice is confidential.